**How YOU can prevent the spread of Covid-19**



**Stay home if sick**
Only leave for essential medical care and or other essential errands.



**Keep physical distance**
Stay at least 6 feet away from other people.



**Keep your hands clean**
Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.



**Wear a face covering**
You can be contagious without symptoms. Protect those around you by wearing a face covering.

**Como Puedes prevenir la propagación del Covid- 19**



**Quédate en casa si estas enfermo(a)**
Solo salir para cuidados médicos esenciales y otras diligencias esenciales



**Mantenga la distancia social**
Permanezca por lo menos a 6 pies de distancia de las otras personas



**Mantenga sus manos limpias.**
lávese sus manos con jabón y agua. use el alcohol en gel si no tiene agua y jabón disponible



**Use las máscaras para proteger su cara**
Usted puede estar contagiado sin ningún síntoma. Proteja a los que están a su alrededor usando una máscara en su cara.

** VISITOR AND EMPLOYEE HEALTH SCREENING CHECKLIST**

**Staff / Visitor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_ Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Sesame Sprout will conduct health screenings to each employee or visitor entering our facility.

We will conduct a temperature screening as well as keeping social distance (6ft away from other people) wearing masks when getting closer than 6 feet to other people and hygiene protocols.

If a worker or visitor answers “Yes” to any of the screening questions, they will be advised to go home, stay away from other people, and contact their health care provider.

Have you had any of the following symptoms now or since your last day at work or the last time you were here that you cannot attribute to another health condition? Please answer “Yes” or “No” to each question.

Do you have:

|  |
| --- |
| Fever or feeling feverish? Yes No  |
|  Chills? Yes No |
| Shortness of breath ? Yes No  |
| A new cough ? Yes No |
| New headache ? Yes No  |
| New muscle aches? Yes No  |
| New loss of smell & appetite ? Yes No  |
| Nausea or vomiting? Yes No  |
| Diarrhea ? Yes No  |
|  Fatigue ? Yes No  |
| Have you been out of the country or state: Yes No  |
| Have you been tested for Corvid- 19 Yes No  |

**VID-19: Symptoms and**