**January Parent Calendar of Activities**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Activity** | **Date** | **Time** | **Location** | **Purpose** |
| **Family Committee Meeting**  [Image result for happy new year picture](https://www.google.com/url?url=https://www.askideas.com/60-most-beautiful-new-year-2017-wish-pictures/&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwif74Wwh5TYAhXHkeAKHYfhBOkQwW4IPDAT&usg=AOvVaw0SwmcceMD0x7jPCekmYBbe) | **1/11/2018** | **3:00 pm** | **Class G** | **\*Committee member will have the opportunity to take a leadership role while planning activities for our children, our school and our community** |
| **Importance of child’s mental health** | **1/18/2018**  **Presented by Nancy Dubin**  **Assistant Director NYC Preschool** | **2:30 pm** | **Class G** | **\*Parents will learn about mental health**  **\*Participants learn about how the importance of child/family good mental health.** |
| **Nutrition Class**  **1era Session**  [Image result for fruits and veggies quotes](https://www.google.com/url?url=https://www.pinterest.com/auraleisure/aura-nutri-fit/&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwjBt4GziJTYAhUtY98KHdIqALkQwW4IOjAS&usg=AOvVaw3OkP7xLy9hmgOt96m6W-ub) | **1/25 /2018** | **3:00 pm** | **Class G**  [Image result for fruits and veggies quotes](https://www.google.com/url?url=https://www.learningzonexpress.com/kids-myplate-fruit-veggie-stickers.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwi217DOiJTYAhWEON8KHf_wDpM4eBDBbggWMAA&usg=AOvVaw0FAyr9vYT0IhgT1U09jNU8) | **\*Parents will learn basic skills about how to choose healthy food.** |
| **Positive Solution for families**  **Module #4**  **Teach me what to do**  [Image result for positive quotes for parents](https://www.google.com/url?url=https://www.pinterest.com/explore/inspirational-parenting-quotes/&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwjk9tXKh5TYAhWiT98KHdkUDOsQwW4IGDAA&usg=AOvVaw0jTZM4SwInICFKwLBOTWuV) | **1/29/2018** | **3:00 pm** | **Class G** | **\*Define the concept of emotional vocabulary**  **\*Identify feeling words and**  **Identify effective ways to teach feeling vocabulary.**  **\*Demonstrate the use of books to support emotional vocabulary and social –emotional development.**  **\*Learn how to teach problem solving skills** |